

FN 101 Introduction to the Professions of Dietetics and Nutrition

Fall 2016

Introduction to the fields of nutrition, dietetics and food service administration. Topics focus on the educational requirements and the role of the dietitian in various settings. (1 credit – pass/fail)

Class Time: Lecture 8:00-8:50 MW CPS 116 9/6/2016-10/28/2016

Instructor: Deborah Tang, MS, RD, CD

Office: CPS 240B

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Office Hours: I plan to be available on Mondays from 9:00-11:00 a.m. and Thursdays from 10:00 a.m.-12:00 p.m. However, times may vary for some weeks due to meetings and other unforeseeable circumstances. It is best to make arrangements with me in person or via email to secure a meeting time. There may be other times more convenient for you that can be arranged as well.

Rental Text:

Payne-Palacio, J.R., Canter, D.D., *The Profession of Dietetics, A Team Approach*, Jones and Bartlet Learning, LLC., 4th ED., 2011.

Reference Text:

Hacker, Diana, and Nancy Sommers. *Rules for Writers*. 7th ed. Boston: Bedford/St. Martin's, 2012.

Objectives:

At the end of this course the student will be able to:

- Describe the profession of dietetics and nutrition.
- Identify the Academy of Nutrition & Dietetics Standards of Professional Practice for dietetics professionals and Code of Ethics for the profession of dietetics.
- Explain the pathway to becoming a Registered Dietitian.
- Begin developing a learning electronic portfolio.
- Develop an academic plan and extra-curricular plan to obtain a post-graduate career goal.
- Recognize how globalization will impact dietetics and require language skills and knowledge of cultural differences.

Please note: This course does not meet the Wellness GEP. It is intended to highlight the educational path and career opportunities for students considering dietetics and nutrition as a major.

ACEND: 2012 Standards for Didactic Programs in Nutrition & Dietetics

KRD 2.1 The curriculum must include opportunities to develop a variety of communication skills sufficient for entry into pre-professional practice.

KRD 2.3 The curriculum must include opportunities to understand governance of dietetics practice, such as the Scope of Dietetics Practice and the Code of Ethics for the Profession of Dietetics; and interdisciplinary relationship in various practice settings.

Desire To Learn (D2L):

This class uses Desire2Learn (D2L), UWSP's Online Learning Management System. Your course syllabus, assignment worksheets, course materials, and grades will be found here. You can log into D2L at <http://www.uwsp.edu/d2l/Pages/default.aspx> with your UWSP login. D2L can also be found on your MyPoint portal on the Academics tab.

Assignments:

All assignments (except notes from the resume workshop) are to be submitted electronically into our D2L course dropbox. Late assignments will not be accepted once the dropbox is closed.

Guest Speakers:

Throughout the semester, professionals in the fields of dietetics and nutrition are invited to visit and share their experience and expertise with our class. To encourage students to attend and learn from these invaluable sessions, points will be awarded for attendance. Please come prepared with questions for the guest speakers.

Academic Conduct:

This course is part of the UW-Stevens Point academic community, an academic community that is bound together by the traditions and practice of scholarship. Honest intellectual work – on written assignments is essential to the success of this community of scholars. Disguising words written by others as your own undermines the trust and respect on which our course depends. I have every confidence that each of you can succeed. Doing your own work will enhance your sense of accomplishment when the semester comes to a close.

Additionally, the classroom environment is a unique opportunity for students to share ideas, opinions, discuss classroom and course content. As each student is entitled to contribute in class, specific expectations are necessary to ensure a thriving classroom environment. Expectations include: arriving to class on time, being prepared for class, and keeping cell phones silenced or turned off and put away. Behaviors such as loud shouting, excessive side conversations, arriving to class under the influence of any alcohol or drugs, profane language, and verbal or physical threats, intimidation of any kind, or any other behavior that may be disruptive to the instructor or other students are considered unacceptable. If any of this behavior is exhibited, you may be asked to leave the class for the day. Any continued disruptive behavior may result in a referral to the Dean of Students Office.

One Free Pass - No Questions Asked!

This pass entitles a student to one late assignment submission, up to one week late (until midnight). This pass can only be used once in FN 101.

Student: _____

Date submitted:

Original Due Date:

Assignment:

Please submit an electronic copy of this coupon with your assignment in the "Late Assignment" dropbox.

Tentative Schedule for FN 101 – Fall 2016

| Week | Date | Topic | Text Chapter |
|------|-------|---|------------------------|
| 1 | 9/7 | Introduction Introduce new student survey assignment http://survey.uwsp.edu/TakeSurvey.aspx?SurveyID=7IKH6825 | 1, 2, 8 |
| 2 | 9/12 | Academy of Nutrition and Dietetics (A.N.D.) www.eatright.org Develop questions for guest speakers Introduce A.N.D. website assignment New Student Survey completed online by 8 AM today | 5 |
| | 9/14 | Guest Speaker – Academic Advising http://www.uwsp.edu/career/ | D2L postings |
| 3 | 9/19 | Education, internship and RD exam A.N.D. website assignment due, submit in D2L dropbox | 6 Ch 7, pp. 157-162 |
| | 9/21 | Electronic portfolio Introduce electronic portfolio assignment | 4, D2L |
| 4 | 9/26 | Commission on Dietetic Registration (CDR) Professional Development, continuing education Dietetics Practice Groups (DPG) | 7 Ch 8, pp.176-178 |
| | 9/28 | Electronic portfolio Q&A - Computer lab (CPS 107) drop in | |
| 5 | 10/3 | Guest speaker | |
| | 10/5 | Guest speaker | |
| 6 | 10/10 | Guest speaker Electronic portfolio assignment due, submit in D2L dropbox | |
| | 10/12 | Guest speaker | |
| 7 | 10/17 | Guest speaker | |
| | 10/19 | Future of nutrition and dietetics Signed notes from resume workshop due – submit hardcopy, will be returned at the last class | 9 |
| 8 | 10/24 | Standards of Practice (SOP), Standards of Professional Performance (SOPP), Code of Ethics | Ch 7, pp. 157-162 |
| | 10/26 | Professionalism...here and now Wrap up | 10 |